

## How We Prevent Bullying in Our School

Friends try to....

- Be gentle, kind, caring and helpful to one another
- Share things with each other and laugh with each other
- Use good manners
- Respect each other as individuals and their property
- Say nice compliments
- Let friends play with them
- Listen to each other's views
- Compromise
- Include each other
- Understand each other

Friends try not to....

- Ignore each other
- Fight over silly things
- Tell tales
- Cover up the truth
- Disrespect other people and their property
- Call each other names
- Boast about things
- Laugh at each other in a mean way
- Talk behind each other's backs
- Exclude others
- Hurt each other

## Reviewed by pupils as part of our Anti-Bullying Week

We aim to provide a school community where everyone feels happy, safe and thrives in all that they do.

Colossians 3:12: 'clothe yourselves with compassion, kindness, humility, gentleness and patience.'



Updated November 2024

## Sutton Veny C of E Primary School



'**Together**, through **friendship**, in **peace** and with **courage**, we reach for the stars.'

Child Friendly  
Anti-Bullying Policy

## What is bullying?

Several  
Times  
On  
Purpose



### Types of bullying

- **Cyber bullying** - cyber bullying is when someone is bullying someone online e.g sending mean and insulting messages through gaming or messages on social media.
- **Physical bullying** - physical bullying is when people punch, kick, hit, spit at, or push you. It might be forcing someone to give their belongings or taking without permission.
- **Emotional bullying** - emotional bullying is when someone hurts your feelings by saying mean or horrible things. It can be through giving someone horrible 'looks' or excluding them from groups.
- **Verbal bullying** – verbal bullying is when people tease you or call you names e.g. because of how you look or for your beliefs.

## What to do if You are Feeling Bullied

1. Try talking to the person who you think is bullying you. Use the '**A, B, C**' procedure:  
**A**- 'Please stop.....' (Describe the problem)  
**B**- 'It makes me feel.....' (Describe the effect it is having)  
**C**- 'If you carry on I will have to.....' (Describe the action you will take e.g Tell a teacher)
2. Tell your friends- a problem shared is a problem halved.
3. Tell a family member, or any adult at school.
4. Ask someone to talk for you, School Councillor or a Year 6 monitor.
5. Write a note and put it in the worry box for your teacher to see.

Start

Telling

A

Range of

Trouble sorters



## What We Do At Sutton Veny if Someone Is Feeling Bullied



- At Sutton Veny, when someone feels they are being bullied a special form called a safeguarding form helps to look after the children in the school.
- An adult might write a special message in the staff book, which all the adults read each morning. It will ask the staff to 'Keep An Eye On' the children involved.
- The adults will keep checking with you to see how things are going.
- Your teacher and Mr Lewis may speak to you, your parents and the other children involved to try to help and support everyone.
- The staff will think of ways to help you feel better and solve the problem.