Year 4 PSHE Progression		
Working Towards:	Objectives:	Greater Depth:
	Term 1: VIP's (Relationships)	
	I can talk about the importance of showing respect to people we care about. I can discuss the positive qualities of healthy friendship and how these make us feel.	
	I can explain the choices we have in our relationships and understand that we are in control of our own actions.	
	I can describe which positive resolution might be most suited for each dispute.	
	I can talk about how bullying can affect people, including the bully.	
	I can talk about prejudice and discrimination and how these can lead to forms of bullying.	
	Term 2: Safety First (Health and Wellbeing)	
	I appreciate what being responsible means and name some of their responsibilities.	
	I can give examples of a range of risky or dangerous situations.	
	I appreciate that doing something risky may lead to danger.	
	I can describe where pressure to do things can come from; identify people who can help us in an emergency.	
	I can identify safety precautions that can be taken when using roads, water or railways.	
	I can explain some of the ways in which drugs, cigarettes and alcohol affect the human body.	
	I can explain some of the ways to treat common injuries.	
	I can explain how to keep themselves and others safe in an emergency situation.	
	I can identify what information will need to be shared with an emergency services operator.	
	Term 3: Digital Wellbeing (Relationships)	
	I can recognise why it is important to balance time online and offline for wellbeing; empathise with a cyberbullying victim.	
	I respond appropriately to different online scenarios.	
	I can recognise the role they play in sharing information responsibly online.	
	I understand the consequences of sharing certain information, images and videos online.	
	I can explain the potential negative impact from sharing things online.	
	Term 4: One World (Living in the Wider World) I can give reasons for similarities and differences between people's lives. I can detail if they feel something is fair or not.	
	I can give reasons for their own opinions.	
	I recognise how their actions impact on people in different countries.	
	I can discuss climate change in terms of what it is and its effects.	
	I can explain how organisations help people in need.	
	Term 5: Money Matters (Living in the Wider World)	
	I can discuss some consequences financial decisions can have on our emotional wellbeing. I can talk about the importance of prioritising our spending.	
	I can discuss advertisements that try to influence what we buy.	
	I can explain why it is important to keep track of what we spend.	
	I can discuss what is meant by ethical spending.	
	Term 6: Growing Up (Health and Wellbeing)	

I can discuss ways in which people can deal with or overcome emotions experienced during puberty.
I can show respect for the differences between different families.
Sutton Veny SRE Objectives:
Pupils should be taught to know key facts about puberty and their changing body, including physical and emotional changes. They should know about menstrual wellbeing including key facts about the menstrual cycle.