

How We Prevent Bullying in Our School

Friends try to....

- Be gentle, kind, caring and helpful to one another
- Share things with each other and laugh with each other
- Use good manners
- Respect each other as individuals and their property
- Say nice compliments
- Let friends play with them
- Listen to each other's views
- Compromise
- Include each other
- Understand each other

Friends try not to....

- Ignore each other
- Fight over silly things
- Tell tales
- Cover up the truth
- Disrespect other people and their property
- Call each other names
- Boast about things
- Laugh at each other in a mean way
- Talk behind each other's backs
- Exclude others
- Hurt each other

Reviewed by pupils as part of our Anti-Bullying Week

We aim to provide a school community where everyone feels happy, safe and thrives in all that they do.

Colossians 3:12: 'clothe yourselves with compassion, kindness, humility, gentleness and patience.'



Updated November 2024

Sutton Veny C of E Primary School



'Together, through **friendship**, in **peace** and with **courage**, we reach for the stars.'

Child Friendly
Anti-Bullying Policy

What is bullying?

Several

Times

On

Purpose



Types of bullying

- **Cyber bullying** - cyber bullying is when someone is bullying someone online e.g sending mean and insulting messages through gaming or messages on social media.
- **Physical bullying** - physical bullying is when people punch, kick, hit, spit at, or push you. It might be forcing someone to give their belongings or taking without permission.
- **Emotional bullying** - emotional bullying is when someone hurts your feelings by saying mean or horrible things. It can be through giving someone horrible 'looks' or excluding them from groups.
- **Verbal bullying** – verbal bullying is when people tease you or call you names e.g. because of how you look or for your beliefs.

What to do if You are Feeling Bullied

1. Try talking to the person who you think is bullying you. Use the '**A, B, C**' procedure:
A-'Please stop.....' (Describe the problem)
B-'It makes me feel.....' (Describe the effect it is having)
C-'If you carry on I will have to.....' (Describe the action you will take e.g Tell a teacher)
2. Tell your friends- a problem shared is a problem halved.
3. Tell a family member, or any adult at school.
4. Ask someone to talk for you, School Councillor or a Year 6 monitor.
5. Write a note and put it in the worry box for your teacher to see.

Start

Telling

A

Range of

Trouble sorters



What We Do At Sutton Veny if Someone Is Feeling Bullied



- At Sutton Veny, when someone feels they are being bullied a special form called a safeguarding form helps to look after the children in the school.
- An adult might write a special message in the staff book, which all the adults read each morning. It will ask the staff to 'Keep An Eye On' the children involved.
- The adults will keep checking with you to see how things are going.
- Your teacher and Mr Lewis may speak to you, your parents and the other children involved to try to help and support everyone.
- The staff will think of ways to help you feel better and solve the problem.