

Sutton Veny CofE Primary School

PE Policy

Our Intent for PE

To inspire and foster of love of physical activity and sport, which the children will carry forward with them as they move through life, thus having a positive impact on their personal development, their health and well-being and their sense of achievement. At Sutton Veny, we strive to consistently deliver high quality PE lessons, which are exciting, challenging, varied and enjoyable.

To ensure we achieve our intent we aim for the children to:

- develop their knowledge, skills and understanding across a range of sporting activities;
- build up their physical fitness by engaging in moderate to intense physical activity over sustained periods of time;
- participate in competitive sports and activities, both in and out of school;
- lead healthy and active lives, picking up positive habits for their future lives;
- compete in games and activities in a collaborative team;
- build up their self-esteem and self-confidence through sport;
- demonstrate creativity and make their own decisions, regarding tactics and techniques;
- evaluate their performance and know how to improve and develop;
- reach their full potential in PE, regardless of ability, age, gender, cultural or ethnic background;
- develop leadership skills as they progress through Key Stage Two;
- swim 25 metres before the end of year 6 with knowledge of how to remain safe in and around water.

At Sutton Veny, we aspire for our teachers to:

- be confident in delivering high-quality and engaging PE lessons;
- meet the needs of all the children during PE lessons;
- inspire the children to lead physically active lifestyles;
- promote safe practice in all activities;
- encourage involvement in extra-curricular clubs and activities;

Teaching and Learning of PE:

At Sutton Veny, our teaching aims to help all pupils maximise their potential in this area of the curriculum by offering them a wide range of opportunities to acquire and apply a variety of physical skills. Our PE curriculum covers the statutory requirements as set out in the National Curriculum. At Sutton Veny, we plan PE so that activities build on the prior learning of the children. We create a broad and balanced curriculum, which is exciting for our children to learn through. The PE curriculum map ensures coverage and promotes progression as the children move up through the school.

Foundation Stage and Key Stage 1:

Physical development in the Foundation Stage is about improving skills of control, co-ordination, manipulation and movement of gross and fine motor development. It helps children gain confidence and helps them to develop a positive sense of well-being. At Key Stage 1, there is a focus on fundamental movement skills, where our children become increasingly competent, whilst accessing a broader range of activities in order to extend their agility, balance and coordination (both individually and with others). This focus will enable them to participate in a wide range of sports and activities as they progress through the school. At Foundation Stage and Key Stage 1, pupils will acquire and develop these above-mentioned skills through a range of different activities, including: Gymnastics, Dance, Indoor PE, Outdoor Games and Multi-Skills.

Key Stage 2:

In Key Stage 2, children will develop a broader range of strategies, learning how to build on the basic skills which they acquired in Key Stage 1, by using and linking them in different ways. The children are provided with opportunities, where they can take enjoyment from communicating, collaborating and competing with one another, whilst learning how to recognise and evaluate their own success. Throughout their time in Key Stage 2, pupils will be taught and will experience a wide range of sports and activities, including: Dance, Athletics, Swimming, Gymnastics, Rugby, Hockey, Netball, Golf, Rounders, Cricket and Multi-skills.

Swimming lessons take place at Warminster Swimming Pool for Year 2-6 over the course of an academic year.

All PE lessons across the school will always be conducted in a secure and supportive manner, where mutual respect is demonstrated. All children will have two PE sessions per week, which is at least two hours per week, in line with National guidance. Lesson plans will list the specific lesson objectives for each lesson and will give details of how the lessons will be taught. Clear and achievable goals should always be set. Each lesson incorporates fun warm up activities, an exploratory activity, opportunities to use and apply those skills, as well as a cool down at the end, which may also include a Plenary.

As part of the planning process, teachers will make cross-curricular links where appropriate; for example, health and fitness (Science and PSHE), Maths (measuring and time), English (speaking and listening skills), Computing (data collection) and Music (rhythm and tempo).

An annual whole school Sports Week is organised in Term 6, incorporating a Sports Day, which parents/carers are invited to attend.

Assessment

Our *Being a Sports Person* assessment documents ensure progression across the school. Attainment is assessed is reported to parents and the next teacher at the end of each academic year. Children are assessed against the requirements of the National Curriculum and this is reported as a 1 (working towards the national standard), a 2 (working at the expected national standard) or a 3 (exceeding the national standard).

External Providers

To increase opportunities and inspire children to be active, we regularly source outside providers to deliver both lessons and clubs. In order to broaden the children's exposure to different sports, some activities are provided which wouldn't usually be covered during normal curriculum time.

Extra-curricular activities and clubs

A range of after school clubs (after school and during lunchtimes) are available to pupils. These clubs complement the curriculum, the interests of pupils and the local sporting opportunities. Pupils in Key Stage 2 also participate in a range of inter-school sports competitions throughout the year.

Children's sporting achievements and efforts, which have taken place outside school, are acknowledged and celebrated in the school's weekly sharing assembly.

Active playtimes

Each child has a playtime box, which includes a range of sporting equipment based on the children's interests. Outside providers (EB Sports Coaching and PH Sports) run lunchtime clubs each week to inspire the children to be physically active during social times of the day.

Health and Safety

We recognise that participation in PE and physical activities contains an element of risk. All staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum.

- Staff are aware of pupils who have physical or medical needs, with regards to physical activity, and make special provision for needs where appropriate e.g. physical disability, asthma, type 1 diabetes;
- Staff know about the safe practices involved in moving and using apparatus;

- Pupils wear appropriate clothing, remove jewellery and tie back long hair. (Where the removal of jewellery or studs is not possible, they should be securely taped).
- Staff should change into a PE kit in advance of PE lessons;
- Pupils may be asked to remove shoes and socks when participating in some indoor activities, such as gymnastics (socks should not, however, be removed in the case of verrucas);
- Correct use of equipment is taught along with any potential hazards;
- Staff will organise PE equipment prior to the start of a lesson;
- Equipment and apparatus is stored safely at the end of each lesson;
- Pupils are taught to consider their own safety and that of others at all times;
- Pupils progressively learn how to perform warm up and cool down exercises, paying attention to the principles of safe exercise practice.

If, due to wet weather or dangerous conditions, lessons are unable to be taught outdoors, lessons should be switched to indoors where possible. The decision to switch lessons indoors will remain with the teacher responsible for that lesson, and, whenever possible, the lesson content should be maintained.

We undertake an annual Risk Assessment of the school premises and areas where PE is taught, as well as the school's PE equipment, as necessary. Risk Assessments are also carried out for use of the Village Green and for all school sporting trips, including swimming lessons.

Clothing to be worn during physical activity (before, during and after school)

We ask that all pupils wear their school PE kit on the days they have PE lessons in school.

- Green PE t-shirt;
- Black shorts, leggings or tracksuit bottoms;
- Trainers or PE pumps (school shoes are not permitted to be worn);
- Green sports hoodie (seasonal).

Parents will be informed on newsletters and via the class website page about details regarding their child/children's PE days.

Spiritual, Moral, Social and Cultural Development

The teaching of PE offers opportunities to support the social development of our children through the way in which we expect them to work with one another during PE lessons. Groupings allow children to work together and also provide them with the chance to discuss their ideas and performance. Their participation in PE lessons enables them to develop a respect for other children's level of ability and it also encourages them to co-operate across a range of activities and experiences. Children learn how to mutually respect and work with one another, and to develop a better understanding of themselves and of each other.

Where sport is linked with fundraising (for example, our *Race for Life* events), children learn to learn to put others before themselves by developing the resilience to keep on going for the benefit of others, who are less fortunate than themselves in some way. During these events, children are given the opportunity to demonstrate and apply our school's Christian values by helping and supporting one another when, physically, things seem difficult.

PE and School Sports Premium Funding

A breakdown of the funding which we have received and its impact can be found on our school website.

Facilities available for physical activity

Our on-site and off-site facilities include:

- Village Hall;
- Playgrounds (KS1 and KS2 separate playgrounds) – to be used during the day for play times, lunch times and PE, both in and out of school hours;
- Village Green;
- Warminster Swimming Pool.

Equal Opportunities, Inclusion, Participation and Differentiation

We comply with the Equality Act 2010 and are proactive in ensuring that all pupils, including those with special educational needs or disabilities are provided with a comprehensive programme of physical activity. For pupils with disabilities or health conditions, we will adapt activities to suit their individual needs. Where appropriate, this may mean providing specialised equipment, differentiating activities, offering a parallel or separate activity or setting a challenge appropriate to their skill level.

For more-able/talented pupils, differentiation will be achieved through using tasks and equipment that enable children to be challenged appropriately, ensuring good progress for all ability groups. If a teacher notices a particular flair, or if a child shows a particular interest in a given sport, they may be pointed to an after school club or an external club. All children will be expected to participate in PE lessons unless authorisation is given in writing from parents/carers. In this eventuality, these children will be provided with an alternative role (e.g referee, scoring or evaluation/feedback). The majority of after school and lunchtime clubs are always provided free of charge to allow all children, who would like to, to attend, regardless of their social background.

Role of the PE Leader

The PE Leader is responsible for improving the standards of teaching and learning in PE through:

- Preparing and reviewing policy documents, curriculum plans, long-term plans and schemes of work for the subject;
- Helping teachers to develop their subject expertise and confidence in the delivery of their lessons;
- Organising and monitoring colleagues' professional development;
- Collecting, evaluating and informing staff of all resources;
- Ensuring standard formats for planning and assessment are being used;
- Providing annual subject action plans, including costings and priorities, which will, in turn, help to inform the school development plan;
- Organising and advising on external learning opportunities, including inter-school tournaments;
- Helping with monitoring and evaluation of the effectiveness of the subject within the school through lesson observations, accessing teacher planning and providing opportunities for children to voice their own opinions and reflections on the subject.

Role of the Class Teacher

The class teacher's role is to:

- Communicate high expectations, enthusiasm and passion about PE to pupils, challenging their thinking where appropriate, whilst acting as a good role model;
- Have a high level of confidence and expertise both in terms of their up to date knowledge and their understanding of effective learning in PE. As a result, they should employ a very wide range of resources and teaching strategies to stimulate pupils' active participation in their learning. They will provide opportunities for their pupils to explain their ideas and to evaluate their performances.
- Plan thoughtful and reflective lessons.
- Aspire to secure outstanding progress across all aspects of PE for all pupils.

Subject Leader: Adam Lewis

Subject Link Governor: Gary Burn

Date: July 2021 (AL)

Next Review: July 2022 (AL)